

Central Bucks School District  
Elementary Health Curriculum



**Alcohol, Tobacco, and Other Drug (ATOD) Curriculum Map**

	<b>Objective (s):</b>
<b>Kindergarten</b>	<ul style="list-style-type: none"><li>• Students will identify items that are unsafe to touch.</li><li>• Students will identify ways to say "NO" in a variety of unsafe situations.</li><li>• Students will explain the concepts of "safe" and "dangerous."</li><li>• Students will identify items that may be dangerous.</li></ul>
<b>First Grade</b>	<ul style="list-style-type: none"><li>• Students will understand the importance of protecting their lungs from tobacco smoke.</li><li>• Students will identify if a behavior is healthy or unhealthy.</li><li>• Students will demonstrate skills for saying "No" to the use of tobacco.</li><li>• Students will explain what medicine is.</li><li>• Students will identify people who are appropriate to help with the safe use of medicines.</li></ul>
<b>Second Grade</b>	<ul style="list-style-type: none"><li>• Students will describe effects of cigarette smoking on breathing.</li><li>• Students will identify credible sources of health information.</li><li>• Students will identify substances that are good for their bodies.</li><li>• Students will identify things to do to stay healthy.</li><li>• Students will set a goal for keeping their incredible machines healthy.</li><li>• Students will explain why you cannot tell what a drug is by looking at it.</li><li>• Students will explain why medicines have safety caps.</li><li>• Students will identify rules for safe use of medicines.</li></ul>

<b>Third Grade</b>	<ul style="list-style-type: none"> <li>• Students will identify characteristics of friends.</li> <li>• Students will support their friends in not using tobacco.</li> <li>• Students will apply decision making steps.</li> <li>• Students will set a personal goal.</li> <li>• Students will explain how drug use might interfere with achieving a personal goal.</li> <li>• Students will identify underlying risks when making a decision.</li> <li>• Students will explain why all medicines must be used correctly.</li> <li>• Students will identify reliable sources of drug information.</li> </ul>
<b>Fourth Grade</b>	<ul style="list-style-type: none"> <li>• Students will use decision-making steps to make healthful decisions about tobacco use.</li> <li>• Students will describe effects of tobacco use.</li> <li>• Students will identify valid sources of health information about tobacco.</li> <li>• Students will explain the importance of reading and following label directions for OTC medicines.</li> <li>• Students will explain that OTC medicines are serious medicines with side effects.</li> <li>• Students will list examples of negative peer pressure.</li> <li>• Students will demonstrate refusal strategies.</li> </ul>
<b>Fifth Grade</b>	<ul style="list-style-type: none"> <li>• Students will identify peer, school, and community influences on health practices and behaviors.</li> <li>• Students will describe health effects of tobacco that aren't depicted in advertising.</li> <li>• Students will learn to analyze ads for ways they attempt to influence personal choices.</li> <li>• Students will describe influences on alcohol and other drug use.</li> <li>• Students will explain reasons to avoid alcohol and other drug use.</li> <li>• Students will identify consequences of unhealthy decisions about drug use.</li> <li>• Students will describe how healthful decisions about drug use prevent problems</li> </ul>
<b>Sixth Grade</b>	<ul style="list-style-type: none"> <li>• Students will describe effects of tobacco use.</li> <li>• Students will identify diseases caused by smoking.</li> <li>• Students will identify valid sources for information about tobacco's effects.</li> <li>• Students will identify the effects of alcohol on body organs and body systems.</li> <li>• Students will demonstrate refusal strategies.</li> <li>• Students will identify positive and negative aspects of peer influence to use or not use tobacco.</li> <li>• Students will demonstrate skills for refusing tobacco use.</li> <li>• Students will demonstrate ways to maintain friendships while safeguarding their health.</li> <li>• Students will demonstrate the use of the decision-making process in situations involving tobacco.</li> <li>• Students will identify the effects of inhalants, marijuana, heroin, and OTC (Over the Counter) drug use on the brain and other body systems.</li> <li>• Students will identify appropriate sources for information about the effects of inhalant, marijuana, heroin, or OTC drugs.</li> </ul>

